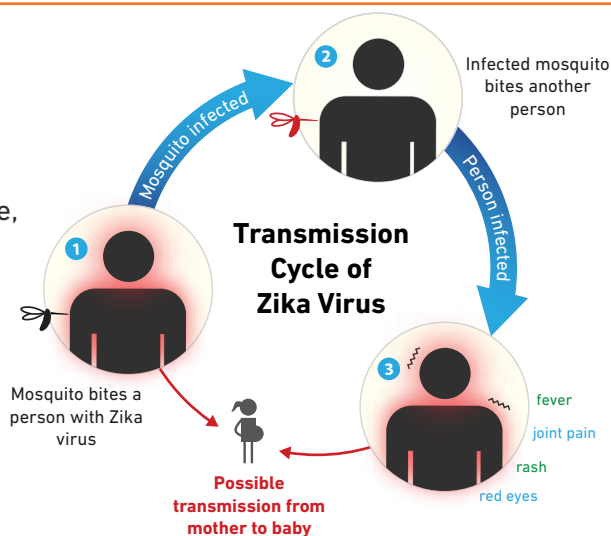


ZIKA VIRUS



What you need to know

- The World Health Organisation has declared the Zika virus a **global public health emergency**
- It is spread by the **Aedes Aegypti** and the **Aedes Albopictus** mosquitoes, which also carry Dengue, Yellow Fever and the Chikungunya Virus
- It is usually not harmful in healthy adults but it is the suspected link with **Microcephaly in unborn babies**, should the mother become infected that is causing such concern



Prevent Zika by...

1



DEET based repellents

2



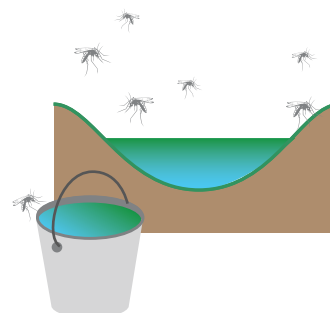
Permethrin treated mosquito net

3



Cover up with loose, long sleeved clothing in a light coloured fabric

4



Avoid stagnant or standing water where mosquitoes breed

The Spread of Zika Virus

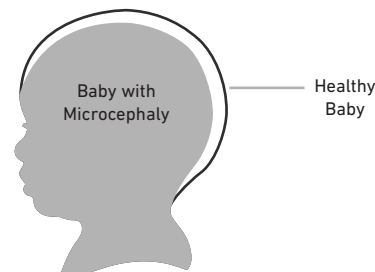
Zika cases have been found in **Brazil, Bolivia, Colombia, Venezuela** and **Mexico**. It is expected to spread rapidly through North, Central and South America, and possibly to South Asia and Africa where the Aedes mosquito is found.



Your Trip Planner

Find out how to protect yourself and get destination specific advice >
www.pyramidtravelproducts.co.uk/your-trip/

What is Microcephaly?



- Symptoms include a smaller than average head size from birth
- Often results in the brain not growing properly
- The severity varies but it can cause disability, development delays and in serious cases can be fatal