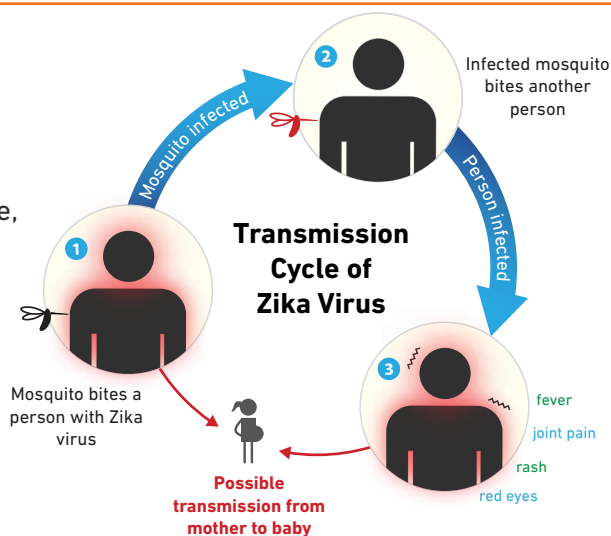


ZIKA VIRUS



What you need to know

- The World Health Organisation has declared the Zika virus a **global public health emergency**
- It is spread by the **Aedes Aegypti** and the **Aedes Albopictus** mosquitoes, which also carry Dengue, Yellow Fever and the Chikungunya Virus
- It is not thought to be harmful in healthy adults but it is the confirmed link with **Microcephaly in unborn babies**, should the mother become infected that is causing such concern



Prevent Zika by...

1



DEET based repellents

2



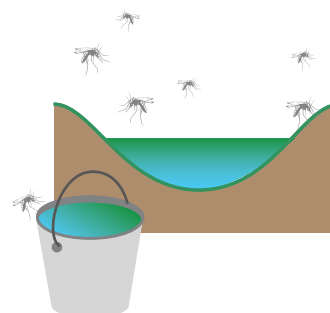
Permethrin treated mosquito net

3



Cover up with loose, long sleeved clothing in a light coloured fabric

4



Avoid stagnant or standing water where mosquitoes breed

The Spread of Zika Virus

Zika has spread rapidly and cases have been found in **South America**, the **Caribbean**, **Central America**, **Southern USA** and **South East Asia**. The virus also has the potential to spread further in Africa where the Aedes mosquito is found.

- high risk
- moderate
- low risk

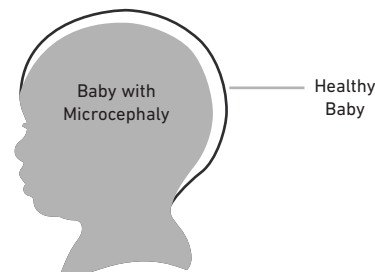


Your Trip Planner

Find out how to protect yourself and get destination specific advice >

www.pyramidtravelproducts.co.uk/your-trip/

What is Microcephaly?



- Symptoms include a smaller than average head size from birth
- Often results in the brain not growing properly
- The severity varies but it can cause disability, development delays and in serious cases can be fatal